

# PERSONAL SAFETY TIPS: TRAVELLING

Millions of people in the UK use public transport to make journeys every day. Despite this, 60% of people have personal safety concerns when commuting on public transport, especially during unsocial hours. When travelling by public transport or private taxi, there's a number of behaviours you can implement to enhance your personal safety.

## TRAVELLING VIA PUBLIC TRANSPORT



**Plan your route** – know where you're going, how to get there and which stop(s) you need

**Check the last departure time** – look ahead for the last train, tube or bus to your destination

**Wait in a well-lit area** – try not to look isolated

**Have your ticket, pass or payment method ready** – this helps to keep your purse or wallet out of sight while you're waiting to board

**Sit with other people** – particularly when it's dark, try to avoid empty train carriages or the top level of double decker buses. Sitting near the bus driver or train guard should make you feel safer

**Move if you feel uncomfortable** – you could change seats, exit at the next stop and find another carriage or alert a member of staff if you feel someone needs to intervene

**Know your exits and alarms** – check where the nearest exits and alarms are in case you need to use them for whatever reason

**Get off if you feel unsafe** – even if it's not your destination, you can always board the next service or get a taxi the rest of the way



## TRAVELLING VIA PRIVATE TAXI

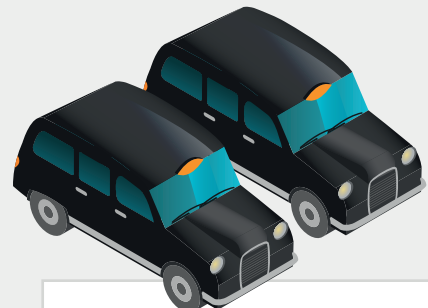
**Use a valid taxi service** – check that the cab is licensed before getting in. You can also ask the driver to show you their badge

**Pre-book** – try to avoid using private-hire cars that tout for business, use a trusted local firm instead and book your journey in advance

**Share information with someone you trust** – let someone know about the vehicle you're in and the journey you're taking

**Check it's your taxi** – ask the driver to confirm who they are picking up and where they're going

**Sit behind the driver** – make yourself as inaccessible as possible



**REPORT INCIDENTS:**  
British Transport Police: **Text 61016**  
Police: **Call 101**